

Starting off

- Which of the activities in the photos have you done?
- Which do you think is ...
 - the most enjoyable?
 - the cheapest?
 - the healthiest?
 - the most relaxing?
- the least active?
- the best to do with friends?
- the most popular among young people?
- Which would you like to try? Why?

Listening Part 2

- In Listening Part 2, you hear a talk or lecture by one speaker.
- You listen and complete ten sentences with a word or short phrase.
- You write the actual words you hear and you must spell them correctly. You don't change them in any way.
- You hear the recording twice.



Work in groups. You are going to hear a professiona footballer talking about her career. Before you liste complete the sentences about professional sports

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- In team sports, players need to learn to trust andtheir teammates.
- They oftena lot of energy playing sport, and so they must be careful about their die
- Sportspeople should try not to missed opportunities or any bad decisions they make during matches and competitions.
- Professional sportspeopleevery da to maintain their peak of physical fitness.
- Players sometimes start totheir ability and it's important that they overcome this
- Athletes need to prepare carefully so they are ready to at their best in an importa competition.
- In some sports, players need to ______bot opponents and the ball for a long time and this requires high levels of fitness.
- To win, players need to know what they can do to the game, especially if they are losing
- A lot of sportspeople say that the thing they like most is that they their experiences with their teammates and this makes their relationship with them stronger.
- Could you be a professional sportsperson? Look ag at the sentences above. Which would be easiest or most difficult for you to do? Why?

Work in pairs. Read the listening task text below. What type of information do you need to complete each sentence?



Professional Footballer

As a young girl Clare played in the (1)with her brother and some friends.
She used her (2) and skills because she wasn't very tall or strong.
At school she enjoyed playing in matches, but also liked (3)
The scout from the academy who watched her school team was hoping to (4)new players.
During the game Clare was worried that she wouldn't be (5) for the academy.
She realised she could be a (6) when she joined the academy.
People think that women's football is more (7) than men's because it isn't as fast.
Clare thinks that the lack of (8) is an issue for women's football.
Clare hopes that, with increased (9) for female players, people will see football as a game for everybody.
She says she is fortunate not to have had many (10)in her career.

- You will hear a woman called Clare Jackson, who is a professional footballer, talking about how she managed to make football her career. Listen and complete the sentences in Exercise 3 with a word or short phrase.
- Work in groups. Discuss these questions.
 - 1 Which sports do yoù find ...
 - good for both girls and boys?
 - most complicated to learn?
 - 2 Are there any sports you would like to try?
 - 3 Do you have a hobby you would like to make into a career like Clare did?

Grammar

Making comparisons

- Page 163 Grammar reference
- Students often make mistakes with comparisons.
 Choose the correct phrase in *italics* in these extracts from Listening Part 2.
 - At first it was difficult for me as my brother and his friends were bigger and more strong / stronger.
 - 2 That probably helped me to develop into a much better / more better player.
 - 3 When I played for my school team, I soon realised I was more influential / most influential in almost every game I played in than many of my teammates.
 - 4 In fact my performance was better / as good as I could have hoped for.
 - 5 I find it a bit irritating and confusing to be honest, but it makes me much motivated / more motivated to do well.
 - 6 People say that the women's game is more limited / the most limited when compared to the men's game.
 - 7 I've been luckier / more lucky than many female players.
 - 8 It really is the most amazing / amazingest thing that's happened to me.
- Complete the sentences with the correct form of the adjective in brackets.
 - 1 There are lots of ways to keep fit, but I think (healthy) of all is zumba.
 - Playing chess is (cheap) than playing video games.
 - 3 Team games are (sociable) than cycling because you meet and speak to a lot of people.
 - 4 Chess is (hard) than most games I know.
 - 5 For me, parachute jumping is the (thrilling) of all sports.

 - 7 Mountain biking is (good) for getting exercise than most sports.
- Complete the sentences with your own ideas.
 - 1 Learning to ride a bicycle is not as ...
 - 2 In team games, the most ...
 - 3 I'm much better at ...
 - 4 My friends are far ...
 - **5** Golf is not nearly ...